

"Feel better."

	ALLERGY SHOTS	ALLERGY DROPS
Method of Administration	Shot in the Arm(s) (subcutaneous)	A Drop Under the Tongue
Insurance Coverage	Yes	No
Risk of Anaphylaxis	Small (<0.3%)	Small
Adverse Reactions	Multiple (Swelling, Itching, Hay fever, etc.)	Nausea, Itching/Swelling/ Tingling in the Mouth
Physician Visit Required?	Every 6-12 Months	Every 6-12 Months
Allergy Testing Required?	Yes (every 1-3 years depending on the allergy profile)	Yes (every 1-3 years depending on the allergy profile)
Insurance Coverage for Allergy Testing	Yes for Most Insurances	Yes for Most Insurances
Contraindications?	Yes (beta-blockers, history of anaphylaxis, young children, infants; severe asthmatics)	No
Duration of Treatment	3 - 5+ years	4 - 7+ years
Treatment Frequency	Every 1 to 3 weeks	Once Daily
Treatment Location	Physician Office on Build-Up; Home on maintenance if patient qualifies.	Home
FDA Approved?	Yes	Off-Label (Currently Pending)
Effective?	Yes	Yes
Cost	Per Insurance Carrier	Ask for pricing