

Hearing Notes

M I D W E S T

EAR, NOSE & THROAT

HEARING CENTER

January 2016 | www.midwestent.com



You are invited to a
FREE Lunch!

Tuesday, February 16
11:00 am
Midwest Ear, Nose & Throat
in Sioux Falls

Join us for our Winter Lunch & Learn Event! You and a guest are invited to a complimentary luncheon and hearing wellness seminar. Dr. Ken Scott, MD, FACS, Otologist and Director of the Midwest Ear, Nose & Throat Hearing Center, along with our highly trained audiologists, will be there to answer your questions and demonstrate the latest in high tech hearing instruments. The event is Tuesday, February 16 at 11:00 am at Midwest Ear, Nose & Throat in Sioux Falls.

Seating is limited.

Call today to reserve your spot! 605-413-1100

Hearing Center

2315 West 57th Street
Sioux Falls, South Dakota 57108
605-275-1205
Toll-free 888-336-3503
Fax 605-275-1289



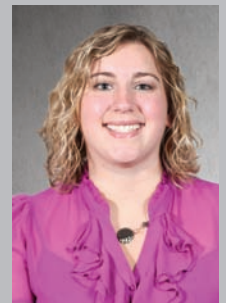
Melissa Baker, MA, CCC-A



Kelcey Cushman AuD, CCC-A



Robert Froke MA, CCC-A



Amanda Nordgren AUD, CCC-A

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Better Ear Health

Many medical conditions can affect your hearing health. Treatment of these and other hearing losses can often lead to improved or restored hearing. If left undiagnosed and untreated, some conditions can lead to irreversible hearing impairment or deafness. If you suspect that you or your loved one has a problem with their hearing, ensure optimal hearing healthcare by seeking a medical diagnosis from a physician.

Read more at <http://www.midwestent.com/patient-health-information/ears/better-ear-health>



Hearing Loss May Be Linked to Alzheimer's

Study shows risk of dementia may increase as hearing loss gets worse. Older adults who experience hearing loss may be at increased risk of developing dementia, including Alzheimer's disease. And the risk of dementia likely increases as hearing loss worsens. Researchers say that interventions that could delay the onset of dementia by even one year could lead to a more than 10% decrease in its prevalence over the next 40 years.

Read more at <http://www.webmd.com/healthy-aging/news/20110214/hearing-loss-may-be-linked-to-alzheimers>

How much do hearing aids cost and is financial aid available?

We offer a wide selection of models to meet any budget. A new digital style hearing instrument can range from \$1,000 - \$4,000 depending on a person's hearing needs, lifestyle needs, and the device's level of technology. Some health insurance policies do cover hearing devices.

Read more at <http://www.midwestent.com/services/hearing/hearing-aids#how-much-do-hearing-aids-cost-and-is-financial-aid-available>

Mentoring Moments

The **Spotlight** story this month is on our administrator, **Lisa Bendt** and the LSS Mentoring program! LSS Mentoring Services matches volunteer mentors with students in 11 Sioux Falls area school districts. Their mission is to empower youth to succeed by establishing trusting relationships with adult volunteers. LSS recruits, screens, trains and supports volunteer mentors who meet with one student one hour per week during the day at school. It has been found that mentors have a significant impact on youth when providing guidance and developing consistent, long-term friendships.

Lisa heard about the program through a professional peer who was volunteering with LSS. In listening to her share her story of mentoring over the years, she quickly realized the impact she was making in a child's life, just being that one person the child could always count on and talk to. The one hour commitment of volunteering each week seemed very attainable, and what a great way to give back to the community! Lisa was connected with LSS and from there the process began!

"I have been mentoring a sweet, sweet girl by the name of Courtney these past 3 years! We tend to spend our time just talking, playing board games, or doing arts and crafts. This year she started middle school so it's been fun to watch her transition into her new environment," said Lisa. "Each time I meet with Courtney, I walk away with a new perspective and outlook on my day. It's been amazing to see her grow and open up over the last couple of years! She is a blessing in my life and I always look forward to seeing her each week!"



Last month Lisa and Courtney were talking about Christmas and any gifts she was hoping to receive. Courtney shared a couple of items and then said, "And shoes.....you know, a girl can never have too many shoes!" "A girl after my own heart! Everyone should mentor at some point in their life! What you receive is so much more than you give!"

What a great story of an inspirational and meaningful bond between two awesome girls! Thanks for sharing this story with us, Lisa! For more information on becoming a mentor, contact LSS at 605-444-7500.

What happens when you come in for a hearing screening appointment?

WATCH THIS VIDEO AT <http://www.midwestent.com/video-gallery#hearing-testing>





Paul Cink, MD, FACS



Bethany Helvig, MD, FACS



Peter Kasznica, MD



Kenneth Scott, MD, FACS



Thomas Tamura, MD



Daniel Todd, MD, FACS

Midwest Ear, Nose & Throat

2315 West 57th Street
Sioux Falls, South Dakota 57108
605-336-3503
Toll-free 888-336-3503
Fax 605-336-6010

Allergy Center

2315 West 57th Street
Sioux Falls, South Dakota 57108
605-275-1228
Toll-free 888-336-3503
Fax 605-275-2056

Sleep Center

2333 West 57th Street
Sioux Falls, South Dakota 57108
605-336-3503
Toll-free 888-336-3503
Fax 605-336-6010